

CrossPointe Women Countdown to Christmas Week 4 Challenges

- Keep working on writing and addressing your Christmas cards. The goal is to do at least ¼ of your list this week.

- Make one-fourth of your handmade gifts this week and consult your budget, then buy gifts for about ¼ of the people on your Master Gift List. Don't forget to wrap as you go.

- Fill out a holiday menu planner form for any holiday meals that you will be serving in your home and start working on it.

- Check out your freezer. You can use the freezer inventory form to keep track of what you have in there. Plan to eat from the freezer over the next 2 weeks, making room for holiday meals and holiday goodies.

- Are you a baker? Start planning your holiday baking with the baking planner form, and be alert for supermarket specials. Try to buy nonperishable holiday foods this week and next week for all upcoming holiday meals.

- This is not easy but will really go a long way in helping out this season. Set aside a time to invest in a **freezer cooking** session to put 5 to 10 entrees into the freezer. Use these meals on busy December evenings.